Student Health Advisory Committee

Meeting Minutes
October 2, 2015
3:00pm-5:00pm
Ford Alumni Center Room 202

ATTENDANCE

- Guests: Megan Johnson Guthrie; Andrew Rogers, Jesse Quinn, UO LGBTESSP
- Members Excused: Priscilla Cardenas, Mike Eyster, Kimberly Mejia, Malaak Damra
- Members Unexcused:

BODY OF MEETING

Call to order: Kathleen Beardsworth

Introductions:

- SHAC speed dating.
- Index Card: Major, graduation year, phone number, and pronouns

Minutes: N/A

NEW BUSINESS:

Guest Speakers: Andrew Rogers and Jesse Quinn spoke regarding pronouns. The resources on campus include studentlife.uoregon.edu. The ribbons for pronouns can be attached to nametags and can be ordered from pronouns@uoregon.edu.

SHAC overview:

- “What is SHAC” was reviewed. It is liaison to University Health Center, coordinates one in-service for University Health Center staff, does outreach to diverse student population to inform on Health Center Services and promote good health. SHAC meetings are 3 to 4 p.m. on Fridays.

- Review of 2014-2015 events:

  a. SHAC had focused on events that brought awareness to the Health Center, events that collaborated with other student groups and events that brought awareness of health policies with a total of 16 events.

  b. Additionally there was a focus on International Students.
c. The last item was focus on promoting health policy on campus including the STFU policy (smoke and tobacco free university).

d. SHAC also worked on possible UO Care policy although that is indefinitely on hold.

Last year’s events included:

Fall Term Events

- International student mentors informed of UHC services in an afterhours event at the UHC (considered a good educational event to continue)
- OCHA meeting at OSU
- MEET for international students
- Barnhart: not a good experience (part of MORE)

Winter Term Events

- Ducks after Dark – gave away safer sex packets. Successful
- Valentine’s Day- Safer sex tabling top of amphitheater. (Favorite event last year)
- Health Professional Panel: 12 students stayed after to talk to panel, but bad timing at midterms. Do panel either the beginning or end of a term.
- Housing Fair: Do not participate next year

Spring Term Events

- National Day of Service: Cigarette butt pick-up. Successful and continue. Consider a butt pick-up every term.
- In-service: Panel on LGBTQ was successful
- OCHA at Reed College: more SHAC members should attend, good lectures
- Coffee Hour for international students. Continue

Safer Sex Tabling was the most attended events and Housing Fair the least.

Meeting Hosts: Brittany discussed goal of one person being the host at each weekly meeting of SHAC.

- The event planning procedure discussed including bringing the event possibilities to the group as a whole to see if any interest exists with the goal of creating more turnout at events and less forced participation.

- Fall term schedule introduced. (This will be e-mailed to the members.) This will include more social events including 11/6/15 Happy Hour and 11/8/15 Run with a Duck 5K.

- Brief Bylaws Review: Bylaws were reviewed with emphasis on the following changes.
  a. Rather than appointed and non-appointed, everyone is a voting member.
  b. Attendance will be reviewed for members. If you can’t be here, let Paula or Ellen know. An official student member who has 3 unexcused absences in one term may be removed the committee. A student member who misses 5 unexcused or excused per term may be removed from the committee.
  c. Participation: The leadership will each organize one event. Everyone else will participate in at least one event per term.
  d. Chairperson will preside at meetings and cannot miss more than one meeting. Vice-Chair elections will be in a few weeks and must be a student returning next year.

**Director’s Report—Paula in for Mike**
• The Wellness Center (name will be changed) and Peer Health Educators reviewed. Adria Godon-Bynum will be teaching a class in the spring for Peer Health Educators. Hope to have SHAC spread the word about this class.

• Mass Vax Clinic scheduled for October 5 and 6 at Matt Knight Arena. Stickers and posters available.

• **Goal Setting for 2015-2016**
  Goal setting for 2015-2016 with goal to follow SMART format (specific/measurable/attainable/realistic/timely). Group discussed and came up with the following ideas for 2015-2016:

  • Active participation with guest speakers.
  
  • Nutrition: Access to resources.
  
  • Promote transparency and accountability.
  
  • UHC: Better health education including Grad student education on access to Health Center.
  
  • Mental Health: Develop better reputation of Counseling Center.
  
  • Sexual wellness and health for women.
  
  • Food security and nutrition/international student’s nutrition awareness.
  
  • Managing stress.

  Discussion ensued of making goals event focused versus events based on a larger concept such as inclusivity with possibly one event a term fitting under this category. Also mentioned the thought of including other groups of students and have them involved to do part of the legwork, i.e., grad students or international students. Another thought was nutrition and outreach (SHAC increasing awareness of UHC services). Since abstract ideas, it was decided to table until next meeting and discuss further.

**ADJOURN**

*Next meeting October 9th at the Ford Alumni Center Room 202.*

Respectfully submitted,
Ellen Ambron, Recorder