Student Health Advisory Committee
Meeting Minutes
October 23, 2015
3:00pm-4:00pm
Ford Alumni Center Room 202

Attendance

- Guests: None
- Members Excused: Eliza Hallett, Priscilla Cardenas, Ayla Rosen, Haley Burns, Kimberly Mejia, Lalita Thardomrong
- Members Unexcused: Jessica Conklin

Body of Meeting
Call to Order: Holly acting as meeting host. (Halloween tabling event signup sheet sent around.)

Introductions: Name, pronoun, and “favorite Halloween outfit.”

Minutes: 10-16-15 minutes. Minutes approved.

New Business:
Director’s Report—Mike Eyster
Daily Emerald had a story on Monday 10-19-15 regarding international student health insurance. An e-mail was sent to Mike to comment on it on the Saturday before the article was due. Additionally, the story quoted Ayla Rosen and misrepresented what she had said by using a partial quote of what she said.

1. International students must have health insurance – This has been a policy at UO for probably 25 years. The reason for that, we assume, is to assure an international student would not have a major medical issue a long way from home and have no insurance to cover them.

2. Enrollment in insurance policy was previously done automatically. Legal counsel suggested the students needed to take action on their own to sign up. Deadline for enrollment is October 31, 2015, and as of a few days ago 900 students are still not
enrolled. An exception in FERPA allows us to do things we would not normally do for health or safety reasons. It was deemed not having insurance was a health and safety reason, so as of yesterday the students who are not enrolled are going to be automatically enrolled.

3. In the article, there were also concerns expressed about the students not having insurance cards. There will not be insurance cards, but we will send every student something they can place on their phone that will document insurance.

4. A question was posed to Mike regarding hearing that international students pay three times more than domestic students. Last year health insurance for international students was $1,335. This year it jumped to $1,734. Because of the large increase, the decision was made to make an adjustment for the international students to reduce to $1620 per year. There was another change made in that last year there was a domestic student plan and an international student plan. Domestic students paid $3200 last year so they saw a decrease and international students saw an increase. Those two plans were combined to broaden the pool of applicants and spread the risk and hopefully bring more into the pool of applicants. We will put it out to bid again and in order to get the best rate we are doing two things, broadening the risk and contracting with local providers to make it easier for insurance companies to pay. We are hopeful that by next year the premiums won’t go up but might actually come down a bit.

Executive Committee Elections – Both positions include a limited number of hours and a stipend for each term which is $375 a term.

1. Membership Coordinator: The following members expressed interest in and shared briefly: Malaak Damra and Mackie Wood.

2. Vice-Chair: The following members expressed interest in and shared briefly: Natalie Pellitier, Molly Cheyne, Tori Carroll, and Luke Davis.

3. Thank you everyone for running! Malaak Damra voted in as Membership Coordinator, and Molly Cheyne voted in as Vice-Chair. Both are congratulated.

OLD BUSINESS

Goal Setting for 2015-2016: Vote to approve SMART goals

1. Host three events that target students’ dietary and nutritional wellness. It is great that we are excited about diet and nutrition but the dietician has a completely full schedule all the time so we need to find ways to promote diet and nutrition while respecting the time she has.
a. Healthy Campus Initiative: One of the things needed for this is figuring out how many water bottle filling stations are on campus. We can do cooking classes. We need to meet 23 metrics over three years.
b. We can do something with food security. Several years ago we did a food drive for the food pantry. It was pointed out from a course from OSU Extension Office that food security is a nationwide issue including Lane County and on campus. Also based on one survey question 30% of students miss one meal a month. A survey would be useful. There could be an incentive to do survey by offering a $50 grocery store gift card.

2. Develop relationships with three student groups to open dialogue, promote inclusion, and increase access health and wellness resources.
3. Host three events that promote both campus health and University Health Center resources.

SMART goals reviewed and approved for 2015-2016.

**Halloween Tabling:** Kathleen felt it was important to review sexual health services and resources actually provided. Paula passed out a flyer outlining services at the Health Center and resources. This flyer will be made available at events such as tabling. Sexual health services are listed on the back but CCare (Oregon Contraceptive Care) is free contraception and testing and only applies to domestic students since it is a federally funded program.

1. Sex Positive app is also listed on the flyer and is a free download.
2. Condom bar is at the Health Center. The Rec Center does have male condoms available. (For latex free, just ask in the clinic area.)
3. Plan B (emergency contraception) is available at the pharmacy with no prescription. Must be 17 or older.
4. HIV testing. Some free testing will be available.
5. President’s fund: A fund is available to cover services of an exam, testing and care after a sexual assault so no cost to the survivor.

Flyers and decorations will be at the table. The table location was reviewed. Volunteers were encouraged to dress up for Halloween. Help also needed just prior to the days of the events to help carry items from UHC to the EMU table.

**Learning Outcomes:** Division of Student Life wants Learning Outcomes to be done for each member of SHAC. Each member asked to email and set up a time to meet with Paula and decide where you are and where you would like to be on a goal. It should take between 20 to 30 minutes. UO Advantage launches on November 1, 2015. It is a badge system to capture and document outside classroom experiences throughout your college career to help with future cover letters and applications, etc.
REMINDERS:

1. OCHA is next Friday. There will be no meeting on October 30, 2015, due to OCHA. It was suggested to go to the Halloween table and help out instead of SHAC if you are available. The next SHAC meeting will be November 6, 2015.

2. There are two SHAC social events coming. These are social and not mandatory.
   a. On November 6, 2015, is Happy Hour at East 19th from 4 to 6 p.m. for those that are interested. You don’t have to be 21 to go.
   b. Run with the Duck is on Sunday November 8th at 10 a.m. Online signup is available. There are also possible volunteer opportunities.

3. Mike shared it is not too late to receive a flu shot if you don’t have one. Flu shots are available at the Health Center.

ADJOURN

Next meeting November 6, 2015, at the Ford Alumni Center Room 202.

Respectfully submitted,
Ellen Ambron, Recorder