Student Health Advisory Committee
Meeting Minutes
November 6, 2015
3:00pm-4:00pm
Ford Alumni Center, Room 202

ATTENDANCE

- Guests: Colleen Jones, WHNP; Candace Joyner
- Members Excused: Eiza Hallett, Priscilla Cardenas, Esther Flynn-Purvis, Haley Burns, Jessica Conklin, Shelbey Cadinha-Oku
- Members Unexcused: Hao Tan

BODY OF MEETING

Call to Order: Kathleen Beardsworth

Introductions: Molly Cheyne: Name, pronoun, and “favorite kind of cheese.”

Minutes: 10/23 minutes. Minutes approved.

NEW BUSINESS:

1. Director’s Report—Mike Eyster: No report.
2. Colleen Jones—UHC Nurse Practitioner: Colleen shared a brief recap of her history prior to starting at UO. She started at the UO in 1990 and went full time in 1991. She specializes in gynecology. She sees only women. She does see sexually assaulted women. She has a certificate in sexual assault nurse examiner (SANE) training. All NPs at the Health Center have the training but not all are certified and it is not required. We have a nice model in that you see one person when you come in, and we can refer them out to SASS, Dean of Students, and counseling. Research shows that with early intervention the sexual assault survivor can have less depression and anxiety later on. There were several questions that followed Colleen’s sharing time as follows:
   a. How do you treat preferred pronouns? We refer to the record to use the correct pronoun. We are not perfect but we do try to be sensitive. We are currently in transition with EMR so information is often missing. Is there resistance among staff to pronouns? No. She has not seen any. The desire is there.
   b. How do you find your work/life balance? I have really good friends and family, a good life. She mentioned exercise including favorite hiking spot.
   c. At a conference I heard more women are moving to long-acting birth control. Have you noticed that? Yes. She does 6 to 10 IUDs per week but she does limit them to two per day.

OLD BUSINESS:

1. Event Report-Out:
a. OCHA: The subjects discussed included STI testing, immunizations, insurance, EHR, and a marijuana use discussion from Dr. Paul Lewis. It ended up a great opportunity to check in with other students to see what other college SHAC organizations are doing. We are currently in the works to host OCHA in April 2016. Ellen is working on a meeting location and more information to follow.

b. Halloween Tabling: There were 166 individuals over the two days with 106 on Thursday and 60 on Friday. This was felt to be a successful endeavor. Suggestions for this event included that a spot for the table be requested earlier, consider moving the event to Wednesday and Thursday as less students are on campus on Fridays, and take turns passing out goodie bags. It was also felt that marketing to “their friends” instead of the person you are speaking to worked well. There was a positive comment from someone from Russia who said access to prophylactics is limited in that country. Kathleen closed by encouraging members to find ways to get comfortable with discussing this, because if we can find ways to make it feel normal, it is going to make it easier for others to take the condoms and feel like it is no big deal either.

2. Final Announcements
   a. Health Professions Panel for Winter Term: Molly proposed an event and recapped that the last time it was done was late in the term, and there were 5 health professionals that came. She suggested the second week of next term and getting the word out for better attendance. The last time it was done was 6 to 7:30 p.m. so it didn’t interfere with work schedules. Please get with Molly if you would like to help or are interested.
   b. Malaak shared regarding UO Stress Less done every term before finals. She passed around a signup sheet. If you have interest, please contact her. It is a week-long event with different stations. The event will start on November 30th.
   c. Kathleen reminded everyone that part of membership is participation in one event per term.
   d. Ayla shared we previously hosted an event The Meet but due to space issues we cannot host The Meet this year. We can host Coffee Hour. Coffee Hour is from 4 to 6 p.m. on Fridays. It is put together by International Students in LLC South and has attendance of 100 to 200 people. We would have a table there and pay for the food. It was felt that hosting week one (January 8th) of next term was a good idea.
   e. Sunday is Run with the Duck. It starts at 10 a.m. Check in is 9 a.m.
   f. Kimberly shared that she belongs to a dance organization called Duck Street Dance Club that offers a free workshop every Monday from 8 to 9 p.m. at the Rec Center in room 283. If you come to three or more, you are in the drawing for one of their shirts.
   g. Kyile shared he attended an active shooter training event which included UCTC and law enforcement. Attendance was small but it was interesting.
   h. Paula still needs to meet with some of SHAC members regarding Learning Outcomes. Please e-mail her.
   i. Mike encouraged everyone to get their flu shot. Call ahead and it will go fast!

ADJOURN

Next meeting November 13 at the Ford Alumni Center Room 202.

Respectfully submitted,
Ellen Ambron, Recorder