Student Health Advisory Committee  
Meeting Minutes  
January 22, 2016  
3:00pm-4:00pm  
Ford Alumni Center Room 202

Attendance  
Guests: Daniel Collay, Adria Godan-Bynum  
Members Excused: Mackie Wood, Luke Davis, Brittney Guzzi,  
Members Unexcused: Emily R. Goff, Haley Burns, Jessica Conklin, Lalita Thardomrong, Madison Edwards

Body of Meeting  
Call to Order: Ainsley Taylor acting as meeting host.  
Introductions: Name, pronoun, and “If you could be any spirit animal, what would it be?”  
Minutes: January 15, 2016, minutes. Minutes were approved.

New Business:  
Director’s Report—Mike Eyster: President Schill recently asked all departments to reduce costs by 2% for general fund departments. UHC is an auxiliary and not a general fund unit, but we will still participate in trying to reduce costs. It is clear that he expects this change to the general fund departments in order to accomplish three goals: 1) Improve the academic quality, 2) Raise $2 billion dollar capital campaign fund and 3) Make UO accessible and affordable for students.

Guest Speaker, Tabling 101 – Adria Godon-Bynum- Adria asked to know more about what plans are for the tabling and then opened by requesting what questions the group had. Bags will be made available with supplies. Last year there was a mix of people who just took a bag and some students who interacted more. The phone number business card and a general services flyer will be at the table. Questions asked by SHAC were: 1: Asking for help getting out of my comfort zone to make the students comfortable. 2: At Halloween our table was tucked back so we had to find ways to reach out to the students and invite them to the tabling. 3: Struggling with reading people as to how far to engage. Adria suggested that sometimes it can be just a “hi” or “how are you.” It is great if they respond and okay if they don’t. It is nice to have a board if they just want to look at something without questions. Accuracy in the information we present is important, being able to use the appropriate language, being able to describe use of the item, being able to answer questions or if you don’t know the answer to their question refer them to the Health Center. There are also different personalities that you will meet: The avoider which is reluctant but an invitation works to engage them, the over-sharer which Adria suggested easing away from if the conversation is not appropriate or thank them and explain that you need to engage someone else, the troll (upset) which Adria suggested to keep the conversation neutral. We are not there to change opinions, just
provide resources. If someone gets too many personal questions, Adria suggested that everyone keep a safety phone number on your phone. Always have more than one person at the table. Keep language inclusive to be accepting of diversity of the student population. Make sure you are clear on what is in the bags. Stand, smile and have fun. A practice time followed to deal with difficult personalities.

Food Insecurity on Campus – Elizabeth Valdez: Elizabeth shared information regarding food insecurity from a recent speaker in her food studies program. Elizabeth reviewed some food myths regarding “poor student” not eating well. The traditional student is not the same now. We have all ages, all income levels, some are parents and some are veterans. The last National Coalition on Health survey showed 30% skip a meal once a month. There was no reason identified but barriers to food include how to get food to people, for some it is shameful to get free food, not aware of what is available. What can we do? We can look at a food pantry on campus. We can help at Food for Lane County. We can include information at the Wellness Center or add to the tabling events. We can add food related question to our survey that we will be doing. A short video was presented regarding Hunger Banquet which it sounds like is something that is being arranged by another group on campus. If you are interested in attending this, let someone know and we can get additional information.

Upcoming events:
1. Conversation Partners – Ayla: The event is coming up on Wednesday, February 10 from 5:30 to 6:30. We could use 2 more people.
2. Valentine’s Day Tabling is scheduled for Wednesday and Thursday, February 10th and 11th, from 11 a.m. to 2 p.m.
3. Mike reminded everyone that February 15th and 16th is the scheduled Mass Vax Clinic. Immunizations are also available at the University Health Center, Fred Meyer or Safeway. We have student workers doing ground stakes before and after the Mass Vax Clinic. It was suggested to add quarter sheet flyers and stickers to the Valentine’s Day tabling.
4. WRIHC will be held in Seattle on April 22-24. SHAC does send a group and will cover registration and transportation. You will need to cover your own meals and hotel. Generally a block of rooms are reserved, and it was around $137 per night for one room last time. (Rooms could be shared to cut costs.) The 2016 theme is Glocalization. Kathleen will send out a note with the website address.
5. SARC (Student Activities and Resource Center) will be holding a carnival on February 5th from noon to 5 p.m. that is free. SARC does a carnival each term. Shifts are an hour or two. SHAC could cover one of the games there. The games and prizes are already set up. While volunteering, flyers could be passed out. Kathleen thought that it might be too much for this term but that could be considered for spring. An e-mail will be sent out with additional information.

OLD BUSINESS:
Director Search: Paula reviewed two questions that were added to the SHAC Director Search questions for next week. Lunch will be served in the basement of UHC (room 21 on Tuesday and room 17 on Friday). Additionally, there will be two presentation at Gerlinger by each candidate on Tuesday and Friday from 8 to 9. SHAC members were encouraged to attend. Contact Paula if you would like to attend the SHAC luncheon.

ADJOURN

Next meeting January 29, 2016, at the Ford Alumni Center Room 202.

Respectfully submitted,
Ellen Ambron, Recorder