Student Health Advisory Committee
Meeting Minutes
May 29, 2015
3:00pm-4:00pm
Ford Alumni Center Room 202

ATTENDANCE

- Guests: Sarah Sprague and Lynnea Lindsey-Pengelly from Peacehealth Medical Group, Elizabeth Valdez
- Members Present: Paula Staight, Elisabeth Maxwell, Kathleen Beardsworth, Annie Hanson, Eliza Hallett, Candace Joyner, Brittney Guzzi, Marisa Polonsky, Molly Cheyne, Hannah Carey, Priscilla Cardenas, Shao-Wei Wang, Janis Weeks, Holly Kuenzi, Ayla Rosen, Kyile Leblanc, Ale Gutierrez, Nick Dawson
- Members Excused: Mike Eyster
- Members Unexcused:

BODY OF MEETING

Introduction:

- “What’s your current favorite app?”
- 5/15/15 Minutes - minutes approved.

Director’s Report – Paula Staight (Mike Eyster, excused)

- Free HIV testing next year
- Welcome Elisabeth Maxwell, Health Promotions Specialist

Introduction of Elisabeth Maxwell, PhD

- Elisabeth is a new UHC Health Promotions Specialist. She comes from a previous position at Oregon State with a PhD in Public Health. Her main focuses will be sexual health, tobacco cessation, and outreach with international students. She hopes to set up wellness sessions.
- Students expressed interest in helping with projects, she will get settled and keep student involvement in mind as she is planning new projects.

Guest Speakers

- Sarah Sprague (a former SHAC member), is the Clinical Research Director for Behavioral Health at Peacehealth. She discussed her experience starting as a receptionist and quickly moving to where she is currently working with severe behavioral health issues like schizophrenia. Right now she is conducting research projects, writing and contracting grants, and working with Trillium of Lane County.
- Dr. Lynnea Lindsey-Pengelly is the Medical Director of Behavioral Health for Trillium, Lane County. She practices behavioral health in a primary care setting. She talked about creating
diversity through team-based care. There are many opportunities for young people entering the medical field to help with the logistics of team-based care such as being a scribe to allow multiple practitioners to provide a full-range of care, conscious of the mind, body and teeth. The ultimate vision would be to create a “health-care hub” and transition from a sick centric health care system to a wellness center. There is a great need for university students to help this move forward.

- Sarah & Lynnea asked for specific ways students would like to be involved. Some answers:
  - Paid internships
  - Part-time jobs
  - Flexible scheduling around classes
  - Opportunities in epidemiology
  - Opportunities to make meaningful change
  - Get school credit

- Sarah & Lynnea expressed interest in returning in the fall to follow-up with their discussion with more concrete ways that students can get involved.

**Skype Session with Nicollette Dent, former SHAC co-chair**

- Nicollette is in the middle of a 2-yr paid internship with the CDC’s Public Health Associate Program in Tucson, Arizona. She works with Borderhealth, a partnership between the health departments of Arizona and Mexico. She talked about how her experience in SHAC helped her in the interview process. The application process was pretty difficult and lengthy. When she was finally notified, she was given 2 weeks to move to Tucson. She has had to adjust to spending more time at her desk, but overall is having a good experience and recommended the program to other students.

**Announcements**

- Paula reminded students to meet with her to finalize learning outcomes.
- Feedback on the year
- Candace’s last meeting today
- Review By-laws at next meeting, June 5th.

**ADJOURN**

*Next/Last meeting June 5, 2015 at the Ford Alumni Center Room 202. Get ready to party!*