SHAC Appointed Members:
- Kathleen Beardsworth, Co-Chair
- Candace Joyner, Co-Chair
- Eliza Hallett, Vice-Chair
- Annie Hanson, Membership Coordinator
- Ale Gutierrez
- Calvin Lee
- Marisa Polonsky
- Molly Cheyne
- Priscilla Cardenas
- Robyn Brigham

SHAC Alternate Members:
- Ayla Rosen
- Brittany Guzzi
- Catherine Hamby
- Deborah Wang
- Hannah Carey
- Holly Kuenzi
- Jessica Daniel
- Kyile LeBlanc
- Nick Dawson
- Olivia Reynoldson

Note: Both Appointed and Alternate members are full members of SHAC. Appointed members take on larger leadership roles.

Faculty and Staff Members:
- Mike Eyster, Senior Associate VP for Student Life and Executive Director of the UHC
- Paula Staight, Director Health Promotion and Advisor to SHAC
- Janis Weeks, Faculty in the Biology Department
- Shao-Wei Wang, Staff Member in Office of International Affairs
- Rachel Drummond Sardell, Instructor for the American English Institute
- Anna Poponyak, Learning Specialist in Department of Services for Student Athletes
Goals:
In fall term, SHAC members established SMART goals for the year (specific, measurable, attainable, realistic, and timely). We decided to set three goals and prioritize events that fell under these specific goals. For the academic year we identified the following:

1. Events that bring awareness to the University Health Center (UHC):
   - Valentine’s Day Safer Sex Tabling
   - Housing Fair
   - Take Back the Night
2. Collaborative events with other student/campus groups:
   - Ducks After Dark
   - The MEET
   - AEI Partner Training/International Student Mentor Training
3. Events that promote health policies on campus:
   - National Day of Service
   - Joint meeting with Counseling Center Advisory Committee re: UO Care

Throughout the academic year, SHAC ended up participating in or organizing 16 events. Many events both promoted UHC services and were collaborative. However, we did not emphasize health policies on campus as much as we had planned.

Year-Long Projects:
Guest Speakers:
- Robin Holmes, VP for Student Life: discussed sexual violence prevention and overall campus wellness
- Casey Mast, new Dietician at the UHC: discussed her role on campus and in the UHC
- Dan Geiger, EMU Renovation Project Coordinator: shared slideshow on new EMU design and answered questions
- Justine Carpenter, Director of Non-Traditional Student Engagement: discussed non-traditional student services on campus (about 3,000 UO students identify as non-trad)
- Jim Mough, UHC Lab Manager: shared data about STI levels and how lab operates
- Chris Esparza, Holden Center: led team building activities focused on how improvisation acting skills can translate to group dynamics and problem solving
- Elisabeth Maxwell, new UHC Health Promotion Specialist: introduced herself and informed about job responsibilities
- Sarah Sprague and Lynnea Lindsey-Pengelly, Sarah former SHAC member and works at Peace Health and Lynnea works at Trillium: they shared their work at PeaceHealth Medical Group and Trillium CCO; wanted to hear what internship/volunteer/job opportunities interest students in health fields
- Nicolette Dent, former SHAC Co-Chair: skyped into our meeting to share information about her current internship with the CDC and how her experience with SHAC helped her get the internship. Answered questions
UO Care:
The UHC is working to develop a new business model to replace the current health fee. A format with three options for students to choose from was selected as the option to move forward. SHAC worked with Anne Marie Levis of Funk/Levis & Associates to provide feedback on the proposed plan and how to brand it. Currently UO Care is on hold.

Wellness Center:
SHAC member Jessica Daniel is also employed as a student worker in the Health Promotion Department. She worked with Paula Staight, Director of Health Promotion and Advisor to SHAC, on the wellness center planned to open in the new EMU fall of 2016. Jessica surveyed UO students and professional staff across the country that have similar centers. Proposed services include stress reduction programming such as chair massage, group acupuncture, and meditation classes and various wellness activities for students. Focus groups took place with multiple student groups, including international students, SHAC, and multi-cultural students, to brainstorm “feel” and naming ideas. Ideas for the “feel” included: welcoming, relaxing, warm colors, modern but not hard, serene, accessible, soft, friendly, homey, opposite of sterile, soft lighting, fresh, pleasant scent. “The Nest” was selected as a possible name for the Wellness Center. However, it was later communicated to SHAC that this name was already in use in the new EMU and a new name must be chosen. The Wellness Center will have an information desk staffed by Peer Health Educators, a meditation/relaxation room, flexible furniture, and a large area for programming and drop-in time. Students are most interested in the following opportunities at the Wellness Center: Naptime, yoga, stress reduction, chair massage, and farmer’s market.

Fall Term:
SHAC Retreat, 3:00-5:00pm 10/3/14:
Our first meeting of the year served as a SHAC retreat, with 27 members in attendance. The retreat consisted of ice breaker activities, an overview of the SHAC bylaws, a discussion of SHAC goals, and a tour of the UHC. The “Speed Dating” ice breaker worked well and was a good way to get people talking. Mike Eyster discussed the importance of SHAC for the UHC. Organizers: Kathleen Beardsworth and Candace Joyner

Experience MORE, 10/20/14:
The Experience MORE Health Center dinner was scheduled as part of an ongoing series of Experience MORE dinners with various organizations on campus. Experience MORE is based out of Barnhart Hall and focuses on sophomore engagement and involvement. No students from Barnhart attended this dinner but Eliza still has the contact information should SHAC decide to participate in this event next year. SHAC participation contingent on stronger student participation. Organizer: Eliza Hallett

Oregon College Health Association Meeting, 11/7/14:
Kathleen Beardsworth, Ayla Rosen, and Brittney Guzzi attended, along with Paula Staight and Mike Eyster. The meeting was held at Oregon State University. Discussions ranged from expanded Medicaid and Cover Oregon to campus response plans to Ebola. Students felt they learned more about public health and statewide health concerns by attending the meeting.
International Student Mentor Outreach, 11/18/14:
Mike and Paula met with 21 students and Robyn Carter, International Student Advisor for the Peer Mentor Program in the evening at the UHC. Several SHAC students attended. Dinner was provided. SHAC students took turns informing the advisors about all of the services and resources in the UHC. The group was energized and engaged. SHAC felt this event was very successful and worth repeating.
Organizer: Ale Gutierrez

The MEET, 5:00-7:00pm 12/4/14:
SHAC hosted the Meet, a free weekly event held in the Mills International Center where students, faculty and other members of the community are welcome. Every week a different student/university group "hosts" the event by organizing activities and providing food. SHAC provided an interactive health-themed Bingo Game. Many SHAC members were present wearing their hoodies and answered questions about the UHC.
Organizer: Ale Gutierrez

Winter Term:
Valentine’s Safer Sex Tabling, 11:00-2:00pm, 2/12/15-2/13/15:
SHAC tabled outside the EMU Amphitheater, providing supplies to make goodie bags with chocolate and safer sex supplies. Students were very interested and engaged. Many were surprised that sexual health items are offered for free at the UHC. Approximately 100 people visited the table on 2/12 and approximately 60 people visited on 2/13. Many SHAC members felt this was our most successful event all year.
Organizer: Annie Hanson

Ducks After Dark, 2/12/15:
The UHC sponsored the Valentine Ducks After Dark Event. Tabling was similar to the Valentine’s Safer Sex Tabling. Approximately 200 students were in attendance and many made goodie bags. Next time we should have more supplies prepared, as we ran out.

Health Professions Career Panel, 6:00-7:30pm, 2/25/15:
A panel of UHC staff members was organized to discuss their career paths and provide insights and answer questions for students interested in pursuing a health career. A Nurse Practitioner, Physical Therapist, Medical Doctor, Registered Dietitian, and a Dental Hygienist were on the panel. The speakers had a great group dynamic and their honesty was appreciated. Unfortunately, the event was poorly attended (~10 non-SHAC students). If SHAC decides to do this event again the suggestions are to have it held earlier in the term or closer to a Career Fair.
Organizers: Eliza Hallett, Marisa Polonsky

Housing Fair, 11:00am-4:00pm, 3/4/15:
The Housing Fair was very well attended but the SHAC table seemed out of place. Many attendees stopped by the UHC table and were confused as to why we were there. If we choose to participate in this event again, we need something to give away. Overall, SHAC members felt this was the least successful event throughout the year and suggest not to participate again.
Organizer: Priscilla Cardenas
Spring Term:
Western Regional International Health Conference, 4/10/15-4/12/15:
Students for Global Health and SHAC members planned this annual conference managed by the University of Washington and every other year hosted by another campus. Organizers raised approximately $25,000 to hold this three day conference at UO with 150 participants. The theme was “Health at Every Age: Physical and Mental Determinants of Health Throughout the Lifespan”. Although this event was successful the UO will not be hosting again anytime soon.
Organizer: Kathleen Beardsworth

Coffee Hour, 4:00-6:00pm, 4/17/15:
SHAC sponsored the Coffee Hour which is a weekly event held by the International Student Association (ISA). ISA provides free food, drinks and snacks to students in order to bridge the gap between domestic and international students. SHAC members wore their hoodies so they could be identified and answered questions about the UHC and mingled with the group. There is music playing in the background and the sponsors also provide small snacks and free giveaways items for students to take.
Organizer: Ale Gutierrez

Oregon College Health Association Meeting, 4/24/15:
Anna Hanson and Paula attended this meeting which was held at Reed College. They enjoyed the meeting and found the acupuncture presentation and discussion of how to have sexual health conversations especially interesting.

National Day of Service, 9:00am, 4/25/15:
SHAC participated in the National Day of Service along with many other students on campus. SHAC members picked up six quart bags of cigarette butts at designated ‘hot spots’, at the periphery of campus and on the Agate Street strip. The Agate Street strip was especially littered with cigarette butts. Many bystanders thanked the participants for cleaning up the litter. Students were interested in repeating this event next year.
Organizer: Molly Cheyne

AEI Conversation Partners, 6:00pm, 4/27/15:
At this event, SHAC provided training for the AEI language partners in all the different areas and services of the UHC. The goal of the training was to increase the conversation partners’ understanding of the UHC so they could effectively communicate to international students what resources are available to them.
Organizer: Ale Gutierrez

Take Back the Night, 5:30pm, 4/30/15:
SHAC tabled in the EMU Amphitheater during the Rally portion of this event. We distributed information about sexual health services and chocolate.
Organizer: Robyn Brigham
SHAC organized an annual in-service for the entire UHC staff focused on LGBTQIA student needs. A panel of four students participated: a transgender student, an asexual student, a gay student, and a gender non-conforming student. Maure Smith-Benanti, Assistant Director of Lesbian, Gay, Bisexual, and Transgender Education, helped moderate the panel. The panel was respectful and honest about what the UHC does well and how the UHC can improve their service to members of the LGBTQIA community.

Organizer: Candace Joyner