Dear New University of Oregon Student,

The University Health Center is your central resource for health and wellness on campus. Our dedicated team of professionals specializes in the delivery of college health services and we look forward to serving you.

The University of Oregon strongly recommends that you evaluate your health insurance plan to ensure it will work for you on campus and in the Eugene area. Information about a UO-sponsored health insurance plan is available on the health center website: healthcenter.uoregon.edu

International students have additional health insurance requirements, which can also be found on the website.

All UO students are required to either provide proof of vaccination/immunity for measles and mumps (typically achieved through completion of the MMR vaccine series) or initiate an approved waiver process. Remember to complete your required immunization tasks before you arrive on campus to avoid having a registration hold placed on your account. For detailed information, please see: healthcenter.uoregon.edu/Services/Immunizations

As a UO student, the first step to completing these processes is to claim your Duck ID so you can gain access to "My UO Health", the health center’s student portal. This portal becomes your gateway for completing your immunization documentation requirements and signing up for insurance as well as accessing care once you are on campus. Links to the portal can be found through the health center website and through DuckWeb. The portal contains confidential medical information, so if you choose to share your Duck ID and login with others, you will be giving them access to your protected medical information.

We invite you to stop by the health center once you arrive on campus, so you can meet our team and initiate services. Welcome to the University of Oregon and be well!

Mike Eyster
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