

University of Oregon  
HEALTH CENTER  
**Student Health Advisory Committee Meeting**  
January 20, 2006

| <b>Student Members:</b>  | <b>Applicants</b>  | <b>Interested Students</b>   | <b>ExOfficio Members:</b>  |
|--|--|--|--|
| <b>E</b> Chiem, Jennifer<br>* Kuzma, Urva  | Horn-Kelter, Petra<br>* Ronco, Noelle  | Beseda, Addie<br>* Bentley, Dan  | Kerr, Shelly<br><b>E</b> DeHaven-Murdoch, Daralyn  |
| * Scholl, Ben<br>* Soetan, Folake<br><b>L</b> Stiffler, Lesley<br>* Straight, Leslie<br>* Teeter, Kelly<br>* Wintermute, Ben<br>* Wu, Angela | Wilson, Kathryn<br><b>Faculty:</b><br><b>E</b> Munroe, Dennis<br>Meaux, Tenaya<br>Spradling, Karen | Mann, Todd<br>Parker, Jenny<br>Takahashi, Chika<br>Zimmer-Stucky, Jasmine<br>* Kehdi, Norma<br>* Laws, Michael | * Leith, Ramah<br><b>E</b> Megerssa, Becky<br>* Ryan, Tom<br>* Staight, Paula<br><b>E</b> Stoop, Helen |
| <b>Guests:</b>   |  |  |  |

The meeting was called to order at 3:00 p.m.

1. **Approval of Minutes** – The minutes of the previous meeting were approved as distributed.
2. **International Coffee Hour** – SHAC is scheduled to host the International Coffee Hour on February 10 from 4:00-5:00 p.m. We will have our SHAC meeting here and all go over to the EMU together.  
Urva Kuzma will check with Kim Barker to make an appointment with Daralyn DeHaven-Murdoch for the funding.  
Angela Wu is making sure we are on the International Coffee Hour Schedule.  
Health Center Handouts will be taken to the coffee hour.  
The Peer Health Educators will be present with their “Take It to the Street” packets to give the international students an idea of what they are all about.  
Kelly Teeter will contact the Counseling Center to see if they wish to be present for this event.  
A request was made to have some sort of display with examples of over-the-counter drugs and what they are used for.  
Paula Staight will see that the Health Center display is taken to the event.
1. **Patient Information Survey** – This survey will be used to find out in what format students would like to get patient information from the Health Center. Urva Kuzma and Kelly Teeter have drafted a brief survey for input from the other SHAC members. Urva will send Kim Barker and a copy via email to send to those students who were not present today and they will be sent as an attachment to the minutes. A suggestion was made for an introductory paragraph at the beginning. Overall, consensus was that the questions Urva and Kelly put together seem to be appropriate. If students think of anything else, please send them to Kim Barker via email.
2. **Student Leaders Dinner** – An invitation was sent out to the SHAC students through Kim Barker via email for a Student Leadership dinner and speakers is sponsored by the Career Center. This will be held in the EMU Ballroom on February 7, 2006 from 6:00 -8:30 p.m. If anyone feels they would like to attend this function let Kim Barker know so she can send your names to the Career Center.
- 3.
4. **Student Leadership Symposium** – The Student Leadership Symposium is an event that debuted last year where they invited students who are leaders on campus for dinner with workshops. Kelly Teeter, Urva Kuzma, and two other SHAC students attended this function last year and had a very positive experience. The symposium is scheduled for March 1 this year. Invitations will be coming and if any SHAC student is interested in attending this interactive and participatory event, please let Kim Barker know.
5. **Health Center Updates:**

- a) **SHAC In-Service** – Today SHAC began brainstorming ideas for the SHAC in-service for the Health Center employees. This has become a spring tradition. The in-service is usually on a diversity issue and is planned and setup by the SHAC students and involves other students outside of SHAC in providing their perspective. Last year the program was around accommodating people with disabilities. The year prior to that there was a panel of international students who discussed the differences between health care in their countries and ours and how we could make their experiences at the Health Center better. The year before that was an LGBT panel. What do we wish the students to discuss? Panel discussions with back and forth dialogue regarding the Health Center and what we can do for them has been the past format and seems to be very beneficial.

Ideas/Comments:

How about a panel of nontraditional students? What makes them nontraditional; what are the different types of nontraditional students.

Minority students who are residents, but not necessarily fully American culture-wise.

One group of nontraditional students would be soldiers returning from military service in Iraq. Are these students considered to be nontraditional or incoming freshmen? Some may identify as a nontraditional student because of the experiences they have had. Others may want to identify as an incoming freshman student. If we go with the nontraditional students, we could have these students added to that mix.

Q: What is a traditional student?

A: Students who are 18-24 years old, fresh out of high school or the first 5 years out of high school. Nontraditional students are older than average, students with family/children, students with disabilities. The term probably came about because many years ago all you saw were young “traditional” students attending college. Now there are many people who have been in the work force or have had other types of experience that are coming to college; who don’t fit that old paradigm of what a college student is.

There may be some students who don’t wish to be called a nontraditional student, but that is the acceptable university term for this group of students. There is the nontraditional student union, which could be a good resource for this type of information. Dennis Munroe has a couple of good resources he will share. Also, the ODE did an in-depth article or series of articles on nontraditional students. Will try to get a copy of this.

How about a panel of Freshmen who are the students who use the Health Center the most? This could be something around the needs of entering freshmen students. This is their first time away from home and what do they need to feel comfortable.

How about a panel with all of the different groups?

What are the actual demographics of nontraditional students? Putting this in numbers could help to identify their needs—in which way the Health Center could be of help to them. The Office of Student Life has a staff person who would be responsible for keeping track of that type of information.

It sounds like we are leaning towards a nontraditional student panel. SHAC members are asked to think about how the Health Center meets the needs of our diverse group of students here on campus over the next week and we will have this on the agenda again next week. The co-co-chairs will actually be in charge of this event that takes a lot of planning prior to the actual event

- b) **Insurance** - Tom Ryan will get in touch with Brian Corcoran and scheduled him for some time this term.  
c) **Budget** – Budget information will be presented to SHAC by Daralyn DeHaven for review to see where the student fee dollars go, how they are spent, and discussion about the fee for next year.

9. **Items Not on the Agenda:** None.

10. **Adjournment** – The meeting was adjourned at 4:00 p.m.

Kim Barker, Recorder

**\*\*Next Meeting\*\***

**January 27**  
**Health Center Medical Library**

SHAC PATIENT SURVEY  
regarding the distribution of health information

1. In your experiences at the health center, have you received and/or taken informational pamphlets/brochures/handouts?
  - a. Yes
  - b. No
2. If yes, how helpful were they?
  - a. Extremely Helpful
  - b. Helpful
  - c. Somewhat Helpful
  - d. Not at all Helpful
  - e. I didn't read them
3. How did you put your pamphlet to use?
  - a. Personal
  - b. Shared with family/friends
  - c. I threw it away
4. Would you take a handout at your next health center visit?
  - a. Yes
  - b. No
5. Which health topic brochures do you find most helpful?
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
6. Which topics would you like to see more information on?
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
7. Would you utilize an online resource for health information?
  - a. Yes
  - b. No
8. Would you be more likely to use a website than paper brochures?
  - a. Yes
  - b. No
  - c. Would use both equally
9. Do you think the elimination of paper brochures and instead directing patients to an online website would be more efficient?
  - a. Yes
  - b. No
10. Additional Comments: