

University of Oregon
HEALTH CENTER
Student Health Advisory Committee Meeting
September 28, 2007

Applicants:	Applicants	Interested Students	ExOfficio Members:
* Charron, Julie	E Smith, Leila	E Kehdi, Norma	E Davenport, Edel
* Chiu, Shih-Han	Yam, Sarah	* Ronco, Noelle	E DeHaven-Murdoch, Daralyn
L Emad, Lili	E Wee, Brett	E Soetan, Folake	* Leith, Ramah
Hansen, Krista		Wintermute, Ben	* Megerssa, Becky
* Hok, Sreang "C"		E Wu, Angela	* Pressman, Ernie
* Kunerth, Alison		Faculty:	* Ryan, Tom
E Lent, Jonathan		* Lynn, Holly	* Staight, Paula
* Malasig, Cheryl		* Olson, Deborah	
Michan, Elizabeth		* Pangburn, Michael	
* Smith, Kaylie		* Russell, Chantelle	

The meeting was called to order at 3:00 p.m.

1. **Greetings and Introductions** – Noelle Ronco asked each person present to introduce themselves and what they did this summer or wished they had done. Very interesting!
2. **SHAC Responsibilities** – The SHAC is a student-run committee that has a really strong voice here at the Health Center. Tom Ryan provided a brief review of the responsibilities of this committee that are listed in the SHAC Bylaws.

Review of the Health Center Budget will be done at a meeting very soon with Daralyn DeHaven-Murdoch talking about the budget. In the winter term we will be starting to develop the budget for the next year looking to SHAC for review of any changes. It is a SHAC member's job to review budget requests and determine whether these changes may support a change in the Student Health fee. The Health Fee was increased last year by almost 10%, but over the past 5 years it has averaged an increase of slightly over 1% per year.

Health Insurance 101 will be presented by Brian Corcoran and Debbie Alley. One of the responsibilities of SHAC is to review the health insurance plan offered to students to determine what sort of insurance can be offered to meet needs of students at a reasonable cost.

Liaison – SHAC Student members are the main connection along with Peer Health students to the student body. We look to SHAC members to represent what students need. This may include doing actual surveys to find out what those needs really are. This year we will be looking at how to use technology to reach students as well as the services the Health Center offers.

SHAC In-service to Health Center Staff - The Health Center is very committed to diversity and cultural competency. The SHAC has been a major player through the in-service they present every spring which has a diversity component at it. We also sponsor an international student coffee hour to try to give international students information that they may have missed when they first came to the University of Oregon regarding the Health Center and medical care in the U.S.

In addition to everything else, there are other projects that SHAC members bring forth within the group.

3. **Discussion of Election of Officers (Chair and Vice-chair/Program Chair)** – The ASUO choices for appointments were sent to the President's office today and students should be hearing from them soon. Appointments should be in the mail by next week. Next week will be the SHAC Chair and Co-chair elections. If you wish to be an officer of SHAC come prepared to talk about your background, what you wish to accomplish in your role, your leadership skills, and what you see SHAC doing this year.

Although there are 9 official voting members we value student input so everyone has an equal voice. The Chair is elected for a one year term and can be reelected for one year. The vice chair serves as the program chair and needs to be someone who will be returning for the second year on SHAC. The co-chair will

automatically be nominated for the chair position the following year. The program chair is the leader for in-service and other projects that SHAC is involved in.

It is the responsibility of the chair to work with Tom Ryan to set the agenda for weekly meetings and to facilitate the weekly meetings.

In the past we have had two people sharing the chair person and co-chairperson positions, which has been beneficial to them in that they can share the responsibilities.

4. **Upcoming Business:**

- a) **Students for a Smoke-Free Campus** – Julie Charron is the student facilitator for Student for a Smoke-Free Campus and presented a brief refresher about this new student group started here on campus last spring. Their goals for this year are to widen their contact with more student groups. There will be a meeting with the ASUO President in a couple weeks and it would be great if there were several students attending with Julie to show their passion and wish for smoke-free legislation on campus. The group also works on the Great American Smoke Out doing tabling, picking cigarette butts, etc. They have already met with faculty and did a staff/faculty survey. Now it's really a push to get the word out, get students involved, and get ASUO presidential support for this; just making this an issue on campus to allow students to have a smoke free environment here. There are some athletes that might start working with the group.

There is potential for collaboration with OSU. Paula Staight and Ramah Leith have invited the Lane County Public Health Tobacco coordinators and the SHAC from OSU to be our allies. There is potential for collaboration with OSU. Students at OSU want to get it on their ballot so students can vote for a smoke-free campus who want to get it on the ballot for OSU students. The OHSU campus is going smoke free and Kansas State has gone smoke free.

The next meeting is scheduled for 4:00 PM on October 2, here in the Health Center Library. There is a 456 member list on My Space.

- b) **Use of Technology to Communicate with Students** – Last year the Health Center went through a major redesign of our web site. This was done because we knew students use the web get information. Discussion is needed with students to see if there are other ways to reach out to the student body, share health information, discuss issues, and give health related guidance. Tom Ryan would like to leave this on the agenda so we can talk about some of the other ways for things like question and answer sites, blogs, Face Book postings, online chats, and a variety of other things. It would be great to find out from students other ways to use technology to get to students that would be meaningful to them, helpful to them, and not just something that would be deleted or ignored.

- c) **Student Wellness at UO** – Chantelle Russell is the person who started to get Student Wellness organized at the University of Oregon. There was also a group working on getting a wellness website together with all things available on campus in one area as well as a map with the places highlighted where different aspects of student wellness can be found. This group is looking for student interest to help make this website attractive to students. They are looking into making this more student driven and wanting students to take in the leadership role in working with those people already involved towards making it something that students would use. The entire campus community works on different health issues.

An upcoming wellness event is a Fitness Challenge November 5-9. This is in competition with a bunch of schools where as many students here can get together towards making the University of Oregon the winner.

It would be great to have a SHAC member working with this group. If you are interested, let Kim Barker know and she will let Paula and Ramah know. The next meeting of the Student Wellness at UO group will be scheduled for the week of October 15.

4. **Items Not on the Agenda:**

- a) **Oregon College Health Association (OCHA) Meeting** – OCHA is an organization that brings together all public and private schools in Oregon. Typically we meet twice in a year, in the fall and spring. Every year that the UO Health Center has sponsored it we really push to have students involved, and did have students from other schools that came last spring. The meeting this fall is scheduled for Friday, October 19 at George Fox University in Newberg, southwest of Portland. It is an all-day meeting and lunch will be provided by the Health Center for any of our SHAC members who wish to attend.

One of the topics this year is discussion of universal health insurance for students. All of the public OUS schools committed to that last year, but the issue fell off the radar over the summer. We want to revitalize the discussion. Also on the agenda is a more medically related topic; use of liquid pap smears and the standard of care. There are a variety of topics and typically if students are involved a separate agenda is set up for student networking. Students from our SHAC could initiate this. Noelle Ronco will email the George Fox SHAC leader. Tom Ryan will send something out on the OCHA list serve to see if there is interest from other student groups also. If you are interested send an e-mail to Kim Barker

5. **Adjournment** – The meeting was adjourned at 4:00 p.m.

Kim Barker, Recorder

****Next Meeting****
October 5, 2007
Health Center Medical Library